

## Basica Instant, basic drink - 300 gr

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The combination of basic minerals and valuable trace elements neutralizes an excess of acid and provides for more energy and new power.

## Description

- Rapidly and clearly soluble
- Fruity orange taste
- 1x daily
- With vitamin C and vitamin B2

### Suggested use

Dissolve 2 measuring spoons (15 g) once daily in a glass of water (approx. 250 ml) and drink. Vary the water quantity to attain a stronger or weaker degree of sweetening.

Young people and active adults are particularly fond of drinking Basica Instant.

Information for diabetics:

One daily portion (2 measuring spoons) of Basica® Instant corresponds to 0.8 carbohydrate units or 208 kJ (49 kcal).

## Composition

2 measuring spoons (15 g) of Basica® Instant contain	
Calcium (as calcium carbonate):	350 mg
Sodium (as sodium citrate, bicarbonate)	125 mg
Magnesium (as magnesium carbonate)	120 mg
Potassium (as potassium citrate)	100 mg
Iron (as iron citrate):	2.5 mg
Zinc (as zinc gluconate):	2.5 mg
Copper (as copper citrate):	500 µg
Molybdenum (as sodium molybdate):	40 µg
Chromium (as chromium chloride):	30 µg
Selenium (as sodium selenite):	15 µg
Vitamin C:	120 mg
Vitamin B2:	1.44 mg

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1 g = 1000 mg; 1 mg = 1000 µg

<b>Categorie:</b>	Minerals
<b>Characteristic:</b>	Suitable for pregnant women, Vegan, Vegetarian
<b>Form:</b>	Powder
<b>Free from:</b>	Gluten, Lactose
<b>Raw Material:</b>	Calcium, Chrome, Copper, Magnesium, Molybdeen, Selenium, Sodium, Vitamin B2, Vitamin C, Zinc